

# September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	Penne in Pink Sauce Bread Roll, Veggie Medley, Fruit	Pancakes, Scrambled Eggs, Maple Syrup Fruit	Fish Sticks White Rice Israeli Salad Fruit	Pizza Tomato Cucumber, Cookie, Fruit
9	10	11	12	13
Quesadillas Chips, Beans Guac & Salsa, Fruit	Teriyaki Salmon, Sweet Potato Fries, Mixed Salad, Fruit	Ground Turkey Chili, Soft Tortilla, grilled veggies, sliced avocados Fruit	Pasta Bolognesa, Sliced Cucumbers, Fruit	Pizza Tomato Cucumber, Cookie, Fruit
16	17	18	19	20
Chinese Chicken Mini Egg Rolls Fried Rice Edamame, Fruit	Mac & Cheese Roasted Veggies, Fruit	Hamburger on a Bun Baked Fries, Slaw, Fruit	Fish Sticks Sweet Potato Fries Israeli Salad Fruit	Pizza Tomato Cucumber, Cookie, Fruit
23	24	25	26	27
Chicken Stir-Fry with Spinach and Brown Rice, Mixed Green Salad, Fruit	Tuna Salad/Hard Boiled Eggs/Pita Sliced cucumbers Fruit	Quesadillas Chips, Beans Guac & Salsa, Fruit	Pancakes, Scrambled Eggs, Maple Syrup, Caesar Salad Fruit	Pizza Tomato Cucumber, Cookie, Fruit
30				
Meatballs, Brown Rice, Roasted Zucchini, Fruit			DT	Sesame Allergies. No Tahina or Hummus