

# August 2024

| Monday   | Tuesday  | Wednesday                                       | Thursday                                       | Friday                               |
|--|--|---|--|--------------------------------------|
| 29   | 30   | 31  | 1  | 2                                    |
| 5  | 6  | 7   | 8  | 9                                    |
| 12   | 13   | 14  | 15   | 16                                   |
| 19   | 20   | 21  | 22   | 23                                   |
| 26   | 27   | 28  | 29   | 30                                   |
| Tuna Salad/Hard Boiled Eggs, Pita Slices, Israeli Salad, Fruit | Chicken Fried Rice Vegeterian Egg Rolls, Fruit | Corn Shcnitzel, Tater Tots, Garden Salad, Fruit | Meatballs, Brown Rice, Roasted Zuchinni, Fruit | Pizza Tomato Cucumber, Cookie, Fruit |
| 2  | 3  | DownTown  |  |                                      |

# September 2024

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday                                     |
|---|--|---|--|--|
| 2   | 3  | 4   | 5  | 6  |
|   | Chicken Nuggets<br>French Fries,<br>Corn<br>Fruit                | Pancakes,<br>Scrambled Eggs,<br>Maple Syrup<br>Fruit                                      | Teriyaki Chciken<br>White Rice<br>Edamame, Fruit         | Pizza<br>Tomato Cucumber,<br>Cookie, Fruit |
| 9   | 10   | 11  | 12   | 13   |
| Quesdadillas<br>Chips, Beans<br>Guac & Salsa, Fruit                             | Teriyaki Salmon, Sweet<br>Potato Fries, Mixed<br>Salad, Fruit    | Ground Turkey<br>Chili, Soft<br>Tortilla, grilled<br>veggies, sliced<br>avocados<br>Fruit | Falafel<br>Hummus & Pita Bread<br>Israeli Salad<br>Fruit | Pizza<br>Tomato Cucumber,<br>Cookie, Fruit |
| 16  | 17   | 18  | 19   | 20   |
| Chinese Chicken<br>Mini Egg Rolls<br>Fried Rice<br>Edamame, Fruit               | Mac & Cheese<br>Roasted Veggies, Fruit                           | Hamburger on Bun<br>Baked Fries, Slaw,<br>Fruit   | Fish Sticks<br>Sweet Potato Fries<br>Green Peas<br>Fruit | Pizza<br>Tomato Cucumber,<br>Cookie, Fruit |
| 23  | 24   | 25  | 26   | 27   |
| Chicken Stir-Fry with<br>Spinach and Brown<br>Rice, Mixed Green<br>Salad, Fruit | Tuna Salad/Hard Boiled<br>Eggs/Pita<br>Sliced cucumbers<br>Fruit | Quesdadillas<br>Chips, Beans<br>Guac & Salsa, Fruit                                       | Pancakes, Scrambled<br>Eggs,<br>Maple Syrup<br>Fruit     | Pizza<br>Tomato Cucumber,<br>Cookie, Fruit |
| 30  | 1  | DownTown  |  |  |
| Meatballs, Brown<br>Rice, Roasted<br>Zuchinni, Fruit                            |  |   |  |  |