

Fitness Made Fun Inc.

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Dear Parents,

Downtown Jewish Center and Fitness Made Fun Inc. would like to offer you the opportunity to have your child receive Physical and Occupational Therapy screenings. These screenings serve to provide a general picture of your child's gross motor skills, sensory integration, and fine motor skills, as well as determine if more comprehensive evaluations are recommended. Occupational Therapy can identify and improve difficulties that interfere with a child's potential to perform functional daily living skills, such as, holding and writing with a pencil; closing and opening fasteners; holding and cutting with scissors; and peer-related activities. The sensory portion of this screening will assess your child's ability to integrate all the senses, such as, tolerating loud noises, tolerating socks or the tags on clothing, and touching or eating a variety of textures. When a child is unable to organize their body and senses the child may have trouble attending to tasks and giving their best performance in a classroom environment.

Physical therapy can identify concerns with motor development, function, strength, endurance, which allow a child independence to explore and navigate their environment. Physical therapists use their expertise in movement and exercise. They help with proper play and positioning to assist achievement of developmental milestones. For example, if a child has a tight neck muscle and only looks to the right. The child will learn his world with asymmetry. Or if a child is a toe walker, they will develop muscle and balance asymmetries.

It is recommended any child who has received a screening in the past and experienced difficulty in any of the test areas be rescreened. As your child grows, their gross motor and fine motor expectations also increase.

These screenings will be provided by Jordana Faine-Siadman MSPT more than fifteen years of experience and Cristina Cayon OTR/L, a licensed occupational therapist with more than five years of experience working with the pediatric population.

The screenings will be completed at DJCC. Registration for the screenings is \$30 dollars and may be paid in cash, venmo or check made payable to Fitness Made Fun Inc. Payments by credit card are also available for \$32. A signed consent form must accompany the screening payment. If you have further questions about the screenings, please contact Jordana at 954 361-4066 or Jordana@fitnessmadefunfl.com

Thank you for the opportunity to work with your child.

Jordana Faine Siadman MSPT, Cristina Cayon OTR/L