

Downtown Jewish
OCTOBER 2023

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
OCTOBER 2 Baked ziti Garlic bread Edamame Fruit	OCTOBER 3 Chicken Sautéed Mashed Potatoes Garden Salad Fruit	OCTOBER 4 Mac & cheeses Garlic Bread Broccoli Fruit	OCTOBER 5 Ground Turkey White rice salad fruit	OCTOBER 6 Cheese pizza Tomato and cucumber Cookie Fruit
OCTOBER 9 NO SCHOOL	OCTOBER 10 Beef -A-Roni Garlic Bread Fresh Veggie Fruit	OCTOBER 11 Pizza Bagel Tater tots Fresh Veggie Fruit	OCTOBER 12 Arroz con pollo Green Beans Sweet Plantain Fruit	OCTOBER 13 Cheese pizza Tomato and cucumber Cookie Fruit
OCTOBER 16 Spiral Alfredo Garlic bread Fresh veggie Fruit	OCTOBER 17 Ground Turkey White Rice Fresh veggie Fruit	OCTOBER 18 Baked ziti Garlic bread Fresh Veggie Fruit	OCTOBER 19 Chinese chicken fried rice Garlic bread Fresh veggie Fruit	OCTOBER 20 Cheese pizza Tomato and cucumber Cookie Fruit
OCTOBER 23 Penne pasta Parmesan Garlic Bread Fresh veggie Fruit	OCTOBER 24 Chicken sautéed. White rice Edamame Fruit	OCTOBER 25 Cheese sandwich Sweet Potatoes Fries Fresh Veggie Fruit	OCTOBER 26 Ground Beef chili White rice Broccolini Fruit	OCTOBER 27 Cheese pizza Tomato and cucumber Cookie Fruit
OCTOBER 30 Mac & cheeses Garlic Bread Fresh Veggie Fruit	OCTOBER 31 Bolognese Meat Spaghetti Fresh Veggie Fruit			