

DOWNTOWN JEWISH  
FEBRUARY 2023

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
		February 1 Baked ziti Garlic bread Peas and carrots Fruit	February 2 Chicken sautéed White Rice Green Beans Fruit	February 3 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
February 6 Fish Sticks Tater tots Corn Fruit	February 7 Ground Turkey White Rice Mixed veggie Fruit	February 8 Pasta parmesan cheese Garlic bread Lima Beans Fruit	February 9 Grill Chicken strips White Rice Green Beans Fruit	February 10 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
February 13 Penne pasta alfredo Garlic Bread Mixed veggie Fruit	February 14 Chicken sautéed White rice Green Beans Fruit	February 15 Fish sticks Sweet Potatoes Peas and Carrots Fruit	February 16 Ground Beef White rice Carrots Fruit	February 17  NO SCHOOL
February 20  NO SCHOOL	February 21 Chicken Nuggets Roasted Potatoes Corn Fruit	February 22 Mac & cheeses Garlic Bread Peas and carrots Fruit	February 23 Ground Turkey White rice Green Beans fruit	February 24 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
February 27 Baked ziti Garlic bread Peas and carrots Fruit	February 28 Chicken Strips White Rice Carrots Fruit			