

Downtown Jewish
AUGUST/SEPTEMBER 2022

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
August 22	August 23	August 24 Baked Ziti W/wheat roll Carrots Fruit	August 25 Chicken teriyaki White Rice Green beans Fruit	August 26 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
August 29 Chicken Schnitzel Roasted potatoes Corn Fruit	August 30 Ground Beef Brown Rice Peas and Carrots Fruit	August 31 Penne pasta with parmesan cheeses Garlic bread Carrots Fruit	September 1 Fish sticks White Rice Mixed veggies Fruit	September 2 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
September 5 NO SCHOOL LABOR DAY	September 6 Beef a Ronni Garlic bread Peas and Carrots Fruit	September 7 Mac and Cheese Garlic bread Green Beans Fruit	September 8 Grill Chicken strips White Rice Peas Fruit	September 9 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
September 12 Fish sticks Tater tots Green Beans Fruit	September 13 Meatballs marinara White Rice Peas and Carrots Fruit	September 14 Spaghetti with parmesan cheeses Garlic bread Carrots Fruit	September 15 Chicken sautéed White Rice Mixed Veggies Fruit	September 16 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
September 19 Mac and Cheese Garlic bread Edamame Fruit	September 20 Chicken strips White Rice Peas and Carrots Fruit	September 21 Baked Ziti W/wheat roll Carrots Fruit	September 22 Chicken nuggets French fries Green Beans Fruit	September 23 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
September 26 NO SCHOOL ROSH - HASHANAH	September 27 NO SCHOOL ROSH – HASHANAH	September 28 Penne pasta with alfredo Sauce Garlic bread Carrots Fruit	September 29 Chicken Sautéed White Rice Green Beans Fruit	September 30 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie