

DOWNTOWN JEWISH
DECEMBER 2021

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
		December 1 Chicken nuggets French fries Edamame fruit	December 2 Spaghetti with parmesan cheeses Garlic bread Carrots Fruit	December 3 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
December 6 Chicken Schnitzel French Fries Israeli salad Fruit	December 7 Baked Ziti W/wheat roll Caesar salad Fruit	December 8 Grill Chicken strips White Rice Slicer cucumber Fruit	December 9 Mac and Cheese Garlic bread Garden salad cookie	December 10 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
December 13 Meatballs marinara & Spaghetti garlic bread Green beans fruit	December 14 Fish sticks Tater tots Broccoli Fruit	December 15 Chicken teriyaki Israeli Couscous Garden salad Fruit	December 16 Veggie nuggets French fries Tomato and cucumber salad Fruit	December 17 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
December 20 NO SCHOOL WINTER BREAK	December 21 NO SCHOOL WINTER BREAK	December 22 NO SCHOOL WINTER BREAK	December 23 NO SCHOOL WINTER BREAK	December 24 NO SCHOOL WINTER BREAK
December 27 Burger with wheat bun chips Tomato and cucumber Fruit	December 28 Baked Ziti Garlic Bread Peas and Carrots Fruit	December 29 Chicken Sautéed White Rice Black Beans Fruit	December 30 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie	December 31 Mac & cheeses Garlic bread Peas and carrots Fruit