

DOWNTOWN JEWISH

NOVEMBER 2020

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
November 2 Chicken schnitzel With bun chips Israeli salad Fruit	November 3 Baked Ziti W/wheat roll Caesar salad cookie	November 4 Grill Chicken strips Couscous Slicer cucumber Fruit	November 5 Mac & cheeses Garlic bread Peas Fruit	November 6 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie
November 9 Arroz con pollo Sweet Plantain Garden salad Fruit	November 10 Fish sticks Tater Tots Green Beans Cookie	November 11 Ground Beef White Rice Carrots Fruit	November 12 Veggies nuggets French fries Tomato and Cucumber salad Cookie	November 13 Whole Wheat pizza Sliced Tomato & Cucumber Fruit and cookie
November 16 Chicken patties whole wheat bun Tomato and cucumber Chips Fruit	November 17 Elbow pink sauce Garlic bread Garden salad Cookie	November 18 Chicken fried rice Mini Eggs roll Edamame Fruit	November 19 Cheese quesadillas Guacamole and chips Black beans Cookie	November 20 Whole Wheat pizza Sliced Tomato & Cucumber Fruit and cookie
November 23 Burger with wheat Bun Chips Tomato and Cucumber Fruit	November 24 NO SCHOOL	November 25 Grilled Chicken Strips White Rice Peas and Carrots Fruit	November 26 NO SCHOOL	November 27 NO SCHOOL
November 30 Chicken schnitzel With bun chips Israeli salad Fruit	December 1 Baked Ziti W/wheat roll Caesar salad cookie	December 2 Grill Chicken strips Couscous Slicer cucumber Fruit	December 3 Mac & cheeses Garlic bread Peas Fruit	December 4 Whole Wheat pizza Sliced Tomato & cucumber Fruit and cookie