

# Downtown Jewish Preschool Parent Handbook

# TABLE OF CONTENTS

Welcome to o	ur school	page 3
• Our goals and	Philosophy	page 4-5
• Location		page 6
Contact Inform	nation	page 6
• Hours of operc	ation	page 6
• Tuition policies		page 7
School closing	S	page 7
• Snacks and lur	nch	page 8
Clothing		page 8
• Birthday partie	۶	page 9
• Drop off and p	vick up	page 10
Health and sat	fety	page 11-13
Discipline polic	су	page 14
Our Curriculum	n	page 15-17
Our Staff	••••••	page 18

### A NOTE FROM US:

#### Welcome to our school!

Thank you for choosing Downtown Jewish Preschool for your child. At DJP we are proud to offer a creative, progressive, Jewish environment where your child's individual style of learning will be valued and nurtured.

Our aim is to encourage enthusiasm and responsibility for learning and to foster each child's natural creativity and curiosity as we model kindness, respect, compassion and confidence.

Thank you for giving us the chance to teach your children. We are humbled by this responsibility and your faith, entrusting us with the monumental partnership in your child's education.

We look forward to an amazing year together of growth, learning and fun.

Please take a moment to review the parent's handbook so that we can be partners in creating the best, safest and most enjoyable experience at Downtown Jewish Preschool. Please don't hesitate to call or email with any and all questions.

We are here to serve you to the best of our ability.

Welcome to the family!

Sincerely,

Rabbi Schneur and Devorah Kaplan

### OUR GOALS AND VALUES:

- To nourish your child's heart and mind as we develop cognitive, social, emotional and physical skills.
- ✓ To encourage self-confidence and individuality by helping young children to enhance their learning and socializing abilities.
- ✓ To foster enthusiasm and responsibility for learning and to encourage each child's natural creativity and curiosity.
- To provide a curriculum geared to the different and developing interests of each child.
- To provide a setting rich in materials and resources, a caring and highly qualified staff, a developmentally-appropriate program, and activities that are both teacherguided and child-initiated.
- ✓ To provide rich and meaningful Jewish content, including education about Jewish holidays, music, traditions and the Hebrew alphabet and language.
- To communicate to parents the philosophy, goals and program of the Downtown Jewish Preschool and to provide opportunities for parent involvement and education.
- ✓ To enrich school experiences by using community resources and outside professionals in the field of early childhood education.

## OUR PHILOSOPHY

Play is not the opposite of "work" - both are part of everyone's life. For young children, there is no division between "play" and "work"; they are learning through everything they do.

At DJP, our classrooms are set up as an environment of learning. The centers that make up the design on the rooms change according to the current unit, so that the children are learning as they play. This also provides them the opportunity to explore the various centers as it arouses their curiosity, promoting independence and important self-help skills. DJP believes in an experiential and intentional approach to teaching and learning. This approach fosters children's intellectual development, as they are encouraged to explore their environment and express themselves through words, movement, drawing, painting, playing and other natural modes of expression. We promote an environment where children can develop the critical thinking and problem solving skills for a successful and meaningful life.

All of the dedicated, caring staff at the Downtown Jewish Preschool wants to be certain that your child has the very best early childhood experience possible. Our Jewish values drive the curriculum, environment and school culture. We model and encourage kindness, respect, compassion, confidence and responsibility. Judaism teaches that the formative years of early childhood are vitally important. A child is viewed as a seed that we nurture with the utmost care, since the seed's every experience will shape and color the quality of its matured self.

Judaism underscores the uniqueness of every child with the axiom "chanoch l'naar al pi darko," teaching us to learn with children according to their individual paths. We recognize that each child has his or her unique needs, interests and passions. Our children are viewed as collaborators: they are competent, curious, inquisitive, unique, and creative.

We strive to accommodate all children. If we find that a child is a danger to himself or others, or that we cannot adequately support or provide for him, we will make recommendations to help your child. These recommendations may include but are not exclusive to: Additional testing/ FDLRS Florida Diagnostic and Learning Resources System / Tier 3 intervention/ a shadow/ Conscious Discipline intervention or a school that specializes in the needs of your child. Any additional accommodations that we provide will be billed to the parent.

# WHO WE ARE AND HOW TO REACH US:

Downtown Jewish Preschool is a project of the Downtown Jewish Center Chabad. The Preschool is located in our education building.

Steen Family Jewish Education and Event Center 1012 E Broward Blvd. Fort Lauderdale Florida 33301

#### Contact information:

Our phone number: 954.667.8000 E-mail: info@downtownjewish.com website: www.downtownjewish.com

#### Director

Devorah Kaplan E-mail: Devorah@downtownjewish.com Direct number 754.234.5770

### HOURS OF OPERATION:

Downtown Jewish Preschool Program is for boys and girls aged 18 months through 4 years old.

#### Full day program

Monday - Thursday from 9:00am to 3:00pm Fridays from 9:00am- 2:30pm Mondays/ Wed/ Friday from 9:00am-3:00pm Friday dismissal is always at 2:30pm

#### Half day program

Monday – Friday from 9:00am-12:30pm / Mondays / Wed / Friday from 9:00am – 12:30pm/

We will offer an optional early and aftercare with sufficient parent interest. Please notify us during enrollment if you would be interested in an extended care schedule.

# TUITION POLICIES:

#### **Registration:**

The \$300 registration fee is a non-refundable processing fee.

#### Withdrawal Policy:

In the event of early withdrawal, you are responsible for a pro-rated amount of the tuition, plus 30% of the annual tuition, not to exceed the total tuition amount for the year.

The regstration fees are non-refundable. You may be eligible for a refund of tuition (less non-refundable deposit) if your contract is terminated. Your contract may be terminated if the Director chooses to dismiss a child based on procedure outlined in the Parents' Handbook, or for nonpayment of tuition.

#### Security Fee:

There is a \$400 security fee to help pay for the Security Guard.

### SCHOOL CLOSINGS:

#### Inclement Weather:

Please note that if Broward County Schools are closed for inclement weather, we will also be closed. We will not make up for days closed due to bad weather.

#### Holidays:

DJP will be closed for the Jewish and Secular Holidays and vacation. Please see attached calendar for dates of school closings.

### SNACKS AND LUNCH:

Downtown Jewish Preschool provides morning snack. Snack includes fruits, vegetables and low glycemic carbohydrates such as pretzels or cheerios. Children with allergies such as gluten free, egg free, dairy free and the like are encouraged to bring their own snack.

A Kosher dairy or pareve (no meat) lunch and afternoon snack should be sent with your child to school every day. We cannot heat or cool food items, so please be sure to send lunch in temperature controlled – insulated containers such as a thermos. We are a

peanut and tree nut friendly school and each class will be assessed by the enrolled students' needs. As we strive to provide a healthy example, please send your child with a well-balanced, nutritious lunch. **Please do not send candy or juice boxes to school.** All lunchboxes and containers should be clearly marked with child's name. If sippy cups are brought to school, cups must be marked with child's name and date brought. Food brought from home will not be shared with other children out of respect for the individual kosher and dietary restrictions of each child.

### CLOTHING:

Downtown Jewish Preschool does not have a set dress code and children are welcome to wear appropriate play clothing of their choice. Please bear in mind that the children will be playing outside and with a variety of materials and mediums throughout the day. Children tend to get messy and dirty. As noted on the supply list, please send a smock to be kept in the classroom for your child. Although teachers try to ensure they wear smocks, sometimes their creativity carries them away.

Any soiled clothing will be sent home in a plastic bag. Please make sure your child has a complete set of clothing at the school in case of an "accident". Make sure the clothing is clearly marked.

Please check periodically to see that the clothing fits your child and is appropriate for the weather. Children should wear sturdy, well soled shoes, that will be practical and comfortable for them to wear at all times during the day whether they are in the playground, sandbox, or in the classroom. Tennis shoes are the recommended footwear for their comfort and safety. Please send along appropriate jackets or sweaters when the weather gets cooler so that the children will be comfortable while playing outdoors.

### BIRTHDAY PARTY GUIDELINES:

Birthdays are such an important day and we would love to celebrate with you at DJP.

We have put together these guidelines for celebrating a birthday in class.

Birthday parties are celebrated on Fridays at our Shabbat party.

Please notify us at least two weeks in advance to schedule your party and ensure that we put it on the calendar.

You and your immediate family are welcome to join the party.

You do not need to do ANYTHING for the party ☺

We ask you to contribute minimum \$25 and we will handle the rest

The \$25 covers:

A birthday cake; we make the cake from scratch with the children and they decorate it. Birthday hats and plates.

A birthday collaborative art piece that the children create for your child.

The residual money will go towards buying something for the class to share, like a book or a toy, in honor of your child.

If you would like to donate something in honor of your child's birthday we would be so honored if you choose something from our wish list on Amazon

http://www.amazon.com/gp/registry/wishlist/3EZOY0VHOKRR6/ref=cm\_wl\_list\_o\_2

Happy Birthday!

# ARRIVAL AND DEPARTURE PROCEDURES:

School begins at 9:00 am sharp and ends at 3:00 pm. We ask that you cooperate with our school policy and not bring your child before 8:55 am, or pick them up after 3:05 pm, except when pre care/aftercare arrangements have been made

- > Parents may park on the street or in the school parking lot.
- > You may also park at our synagogue one block west at 900 E Broward Blvd
- Due to the size of our parking lot, we ask parents to please be patient, considerate and respectful to other parents as they load and unload their children.
- > Our security guard is there to keep us safe- so please heed his instructions carefully.
- In order to help adjust children to their new environments, we ask that parents not prolong their good-byes.

#### > Teachers are not available for extended conversation during drop off and pick up

- No child will be released to a person not authorized in writing by a parent/guardian to pick them up. Written authorization for any changes in this regard is required. Please be aware, we will check photo ID before releasing your child to someone unknown to us.
- At DJP we appreciate the benefits of a parent walking the child in to class and picking them up at the end of the day.
- If in time we find that a carpool line is needed/demanded we will adjust to that and notify the parents.

#### Late Fee

If your child is picked up late, there will be a charge of \$1.00 per minute after 1:05pm or 3:05pm. You will receive a bill at the end of the month for accrued charges.

#### Pre care and after care

Pre care Monday – Friday 8:30am | \$10 per day must register monthly After care Monday-Thursday 3:05pm – 5:30pm | Friday 2:35pm- 3:30pm \$10 per hour | must register monthly

# HEALTH AND SAFETY:

#### Fire/Disaster Drills:

During the school year, we conduct fire and disaster drills teaching students our safety procedures in a non-frightening manner. During fire drills, the children will practice evacuating to a safe location away from the building. During disaster drills the children will practice evacuating to the innermost hallways away from windows and doors. During Lock down the children will be ushered into the bathrooms or protected under tables and chairs while the teachers barricade the doors.

#### Vaccinations and Immunizations:

Broward County requires that all Health and immunization records be completed and presented to the school prior to opening day in order for your child to be admitted to class.

#### **Toilet Training:**

Children in the 2-year-old class do not need to be toilet trained. We are happy to assist in the training process. Children who are toilet training for at least one week and can verbally communicate their desire to use the restroom, can transition to training pants. Be sure to send plenty extra underwear. For all diapered children, parents must provide diapers, wipes and scented bags for disposal.

#### Minor Injuries & Illness:

Our school is well equipped to handle minor injuries such as superficial cuts and bruises. If we have any questions as to the severity of an injury, we will contact parents at the emergency numbers we have on file. An incident report will be sent home. Parents will be contacted in the event their child becomes ill or injured at school. The school faculty will use their own discretion to determine if the child is well enough to remain at school.

#### Illness:

Children must be kept home when they have the symptoms of a contagious illness. This policy protects the recovering child, whose resistance to new infection is low, as well as his/her classmates and teachers. If your child requires medication upon returning to school, please stop by the office to complete a Medication Authorization Form. We certainly hope that everyone stays healthy, but we must state our health policy for the record. Our primary consideration is for the well-being of all students and staff. So while it is normal and even healthy for young children to be sick in the early years (it helps develop a strong immune system), communicability remains an important consideration in deciding if a child is well enough to be in school. Written communication from a physician must be provided regarding a child who has a condition that poses no threat to himself or herself or anyone else, in order for that child to remain in school.

Keep your child home if he or she has:

- <u>Diarrhea</u>- acute diarrhea, characterized as twice the child's usual frequency of bowel movements with a change to a looser consistency within a period of 24 hours
- <u>Vomiting</u> one or more episodes of vomiting within a period of 24 hours
- Fever elevated temperature over 100.5 F within 24 hours
- <u>Strep throat</u>- sore throat or constant cough
- <u>Conjunctivitis</u> red eyes with a discharge –often a sign of conjunctivitis ("pink eye"), and highly contagious. When these symptoms accompany a non-contagious condition, we must have a doctor's note.
- <u>Rashes</u> skin rash, excluding diaper rash, lasting more than one day
- <u>Runny nose</u>, especially with green mucus
- On Antibiotics- begun an antibiotic for a contagious condition less than 24 hours
  ago
- <u>Chicken Pox</u>: Child may return to school when all lesions are crusted over.
- <u>Head Lice</u>: The DJP honors a no-nit policy. Child may return to school after the removal of all lice and nits.
- <u>Pin Worms:</u> Child may return to school 24 hours after treatment.
- <u>Fifth Disease</u>: As known as Parvovirus, Fifth Disease is a mild illness and not serious in healthy children. However, it can cause serious complications during pregnancy.
   Because there could be pregnant employees and parents at our school, we ask

that your child stay at home if you notice any symptoms such as low grade fever, tiredness, or cold-like symptoms. Once your child breaks out in the rash (which looks like slapped checks and/or a lacy itchy rash on the trunk of the body) they are no longer contagious.

- Fussy been fussy, cranky or out of sorts for the last 12 hours
- Had very little sleep the night before

Children too sick to participate in full program activities, including outside play, should be at home. Please call school when your child is absent due to illness. If your child becomes ill in school, we will call you to take him/her home. If we can't reach you, designated emergency numbers will be called. Any other arrangements for the care of a sick child must be given to the office in writing. The school reserves the right to determine if a child is well enough to be in school.

Each morning, the teachers in each room will conduct a quick health check on each child as they arrive. They will check for runny noses, fever and any other common symptom. They will also be noting down any bruises or bumps a child may have.

# STAY CONNECTED:

- For your enjoyment, we will post **daily** photos and a short description of that day's events on our private **Facebook** page.
- Kaymbu daily notes will be sent at the end of each day-informing you of your child's essential needs such as diaper changes, nap time and food intake of the day. Occasionally, we will note if you need to replenish any items or any additional information regarding snack or lunch
- > Once a week you will receive personalized documentations of your child
- > E-mails with updates will be sent regularly from the director
- You will be added to a class Whatsapp broadcast group for quick updates and reminders.

We urge you to stay up to date with what is happening in our classroom via our email photo and video updates and are encouraged to visit our website often.

# DISCIPLINE POLICY:

Discipline at DJP will take the form of positive classroom management. Our goal is for the child to learn self-management skills and inner control through participation in a safe, loving and well-planned environment. Children are provided with consistent routines and realistic limits and expectations.

Our teachers and staff are all trained in the world renowned Conscious Discipline Program. Our classroom is equipped with the "feeling buddies" and a "quiet space or safe space".

Parents are encouraged to explore conscious discipline at your own convenience.

Children shall not be subjected to discipline which is severe, humiliating or frightening. Discipline shall not be associated with food, rest or toileting. Spanking or any form of physical punishment is prohibited. We ensure that age appropriate, constructive disciplinary practices are used for children in our care.

For more information about our Conscious discipline program visit conscious discipline.com

### CURRICULUM:

Our curriculum is inspired by the Reggio Emelia approach, as well as many Best Practices. It is combined with our Judaic curriculum to form a comprehensive and developmentally appropriate program. It is designed to promote each child's intellectual, social, physical and emotional growth. All games and activities are skill-based and goal oriented, so that the children are growing with everything that they do. We like to call it 'Intentional Play'

#### Intellectual:

We encourage the children to develop self-motivation, active investigational skills through questioning, exploring and observing, and the thinking and problem solving abilities needed to thrive in a world of challenge and competition. Children are surrounded with books, literacy experiences and exposure to the alphabet to prepare them for prereading and the reading that follows.

#### Social:

We encourage each child to work and play with others, to develop language communication skills, to respect the rights and privacy of their peers and most of all to develop feelings of kindness, courtesy, helpfulness and acceptance. The ability to work alone and with other in a positive way is extremely important. Children get to practice these skills daily as they play and work together and alone. Adults facilitate child interactions and model appropriate words and actions to use with friends, to join a group, to resolve conflict, to problem-solve together, etc. This is not something that can be mastered in one day. Social skills are developed and practiced throughout the year

#### **Emotional:**

Children are encouraged to develop a positive self-concept, to understand the difference between right and wrong and to develop responsibility. They are encouraged to recognize that people are different and to be accepting of others and we help them learn and practice appropriate ways to respond to others and to express their feelings constructively.

#### Physical:

Children are provided constant opportunities to develop their small and large muscle skills, to develop finger strength and dexterity, and arm-eye and body coordination. All students have a minimum of 40 minutes of combined indoor and outdoor physical activity for every three and one half hours in care per day.

#### Fine motor Skills:

Eye-hand coordination and the strengthening of small muscles (particularly in the hands and fingers) are very important in early childhood to prepare children for gripping instruments and writing. It is also important for them to be able to manipulate materials in various ways as they explore and experiment. We work on these fine-motor skills through the use of play dough, clay, sand, blocks, art materials such as scissors, woodworking tools, small manipulative games, puzzles and writing instruments.

#### Gross Motor Skills:

Exercising the body's large muscles is important because the children are still working on coordination; balance, cross body movements and more. Outdoor play is a daily part of the program, where children can run, jump, climb, slide, kick and throw balls, swing and shoot basketballs. In addition once a week the children have Super Soccer Stars and Yoga.

#### Math Skills:

Many of the manipulatives that help develop fine motor skills, as previously mentioned, also teach math skills and concepts. E.g. building blocks of various sorts automatically offer lessons in balance, geometry, measurement, estimation, etc. Children are encouraged to count objects. This gives them a better concept of what numbers mean. Grouping, sorting, graphing, and matching are some other activities that are often taking place as the children play in class.

#### Language Skills:

Language is developed with the teachers modeling and encouraging the children to talk, to listen, even to write – at every opportunity – what they're observing or doing as they work / play. Books are an important and constant part of the curriculum and are available to the children at all times. Children are also given access to writing materials and art utensils and are encouraged to experiment with them.

#### Science & Nature:

A child's life is full of real things to observe, discover and experience. They then have opportunities to make predictions, see cause and effects, and be actively involved in

science experiments. Outside children find worms, bugs, plants, flowers, etc. Each of these discoveries becomes a miniature science project. The children will plant and tend our very own organic garden. They will be able to see and taste the fruits of their labor as their seeds grow and blossom over the year.

#### Art & Drama:

Exploration and expression are two ways of accessing the inner self. Art is a perfect forum to accomplish this. Art is not forced upon children, but is made available in a most aesthetically pleasing way. Art activities are designed to be open-ended and process oriented (rather than product oriented). Children are offered different media and a large variety of tools with which they are encouraged to explore and experiment.

Children also have the chance to play different roles as they interact and play side by side with their peers. In the dramatic play area children choose to be moms, dads, babies and animals (pets). In playing out these characters children gain socialization skills, and play out what they have seen modeled to them.

#### Music & Movement:

Music and song are an integral part of the program. Children will learn new songs, sing old songs, sing familiar songs, make up songs, listen to songs, and sing with and without tapes. Most of the time movement is a part of any music in the class. Rhythms and repetitions are subsequently introduced through music (which are helpful for math cognition). Once a week the children have formal 'Music Together' time with the famous Miss Sue Formerly from Nova Mommy n Me.

#### Alternating Enrichment Activities will include:

Music Together, Sports, Baking, Art, Gardening and Hebrew Language and Yoga. All taught by masters in their field.

#### Tradition and Jewish Pride:

Lesson plans at DJP are built around the events influencing the children at the time that they are being taught. Weather changes, special animal habits, national celebrations and holiday seasons all determine what will be brought into the classroom at any particular time of year. All these are laced into the general curriculum to allow the children to learn from what is going on around them.

The children experience all the Jewish holidays through art, song, dramatic play, language and literacy.

# OUR STAFF

The adult's role in children's journey is to support and facilitate their growth and development. To assume this role, to learn with young children, is a great privilege and responsibility. Teaching is a mission – a valued and time-honored Jewish tradition. We look for staff that are passionate and will offer a nurturing experience for the children.

Our teachers have a deep understanding of children and the way they think, and have the desire to create meaningful relationships with the children. All our teachers believe in the importance of seeing each child as an individual. Our teachers plan and adapt the curriculum and the environment to meet the needs of each child.

In the Reggio Emelia approach, the teacher sees herself as a learner – alongside the children – open to new thoughts and ideas. The teacher listens carefully to the children, observes and documents their work, and provokes and stimulates their thinking. As teachers, we are committed to strengthening and enriching our knowledge of young children by continuing our own education. Our staff is made up of teachers, all of whom are chosen for their professionalism, as well as their caring and compassionate personalities.

All staff participates in annual in-service training in order to remain alert to the everchanging needs of today's families and to the findings of current research. Staff development is ongoing throughout the year. All of our staff is trained in First Aid, CPR, anaphylactic care as well as lockdown procedures

### A FINAL NOTE:

The DJP is a collaborative project between the Downtown Jewish Center and our community. We need your input and support to make this project flourish. We depend on your feedback to create a better product, and welcome suggestions, volunteer hours, and contributions. This community project will flourish as we partner to build a meaningful Jewish experience for our families.

Through our combined efforts we can create an environment of warmth, discovery and learning.